

Nuclear Medicine Preparations

Myocardial Stress Test

24 hours prior to exam: Do NOT drink or take caffeine or decaffeinated products, alcohol, tobacco or aspirin. Nothing to eat or drink after midnight. The morning of the exam: Do NOT take any medication (you may bring your medication with you to your appointment) the morning of your exam. Wear comfortable clothing and shoes suitable for exercise. A current and accurate weight must be provided.

Thyroid Uptake & Scan

This exam takes two days to perform. Recent Thyroid lab work (TSH, T3, T3 Total, T4, Free T4) is required. Stop taking all Thyroid medications at least 14 days prior to the exam. The following medications need to be withheld according the time indicated. Multi-vitamins 1 week, Cytonel 2 weeks, Synthroid 3 weeks, PTU & Tapazole 7 days or Perchlorate 3 days. The day of the exam: Nothing to eat or drink 4 hours prior to exam time. No x-ray contrast (IVP, CT, Myelogram) atleast 1 week prior to study

Liver and Spleen Scan

No x-ray contrast (IVP, CT, Myelogram) atleast 1 week prior to study

Hepatobiliary (Hida) Scan

Nothing to eat or drink 6 hours prior to exam. No x-ray contrast (IVP, CT, Myelogram) 1 week prior to study

Bone Scan

Patient needs to be hydrated. They also need to void before beginning the study

Muga Scan

No preparation

Renal Scan w/ Captopril

Hydrate patient 30 minutes prior to the study. Pt also needs to void before beginning the study. No ace inhibitor (BP Medication) for 72 hours. Systolic blood pressure must be > 140 before scan can proceed.